

PROCLAMATION

- WHEREAS: September is known as National Suicide Prevention Awareness Month which helps to raise visibility and awareness of mental health resources and suicide prevention services in our community; starting a community conversation about mental health and the impact of suicide to help de-stigmatize the conversation, connecting people with the appropriate support services; and
- WHEREAS: suicidal thoughts can affect anyone regardless of age, gender, race orientation, income, religion, or background; and
- WHEREAS: according to the American Foundation for Suicide Prevention (A.F.S.P.) suicide is the 10th leading cause of death among adults, and the 2nd leading cause of death among individuals between the age of 10 to 34 in the US; and
- WHEREAS: more than 1,000 Hoosiers have been lost to suicide every year since 2016 (source: Indiana Suicide Prevention); and
- WHEREAS: everyone in our community can play a role in preventing suicide; we all need the occasional reminder that we are all silently fighting our own battles. A simple phone call, message, or hug can go a long way towards helping someone realize that suicide is not the answer; and
- WHEREAS: support is available during a mental health crisis through the Suicide & Crisis Lifeline; call, text, or chat 988; and
- WHEREAS: Terre Haute, Indiana publicly places its support in promoting suicide prevention as a core component of health care services to sustain suicide prevention efforts in our community; and
- WHEREAS I encourage all residents to take the time to understand the importance of mental health education and recognize that taking care of ourselves and others include taking care of mental health; and

WHEREAS: We can all help prevent suicide; You Matter.

NOW, THEREFORE: I, Duke A Bennett, Mayor of the City of Terre Haute, do hereby proclaim the month of September, 2022 as

NATIONAL SUICIDE PREVENTION AWARENESS MONTH

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the City of Terre Heate to be affixed this 8th day of September, 2022.



Duke A Bennett, Mayor